

Teachers will be using resources from

<https://learning.nspcc.org.uk/research-resources/schools/pants-teaching>

Children in Reception, Year 1 and Year 2 will be able to:

- Recognise that adults care for children and help them to stay healthy.
- Identify safe adults and to ask for help if something is upsetting or worrying.
- Recognise that some parts of the body are private.
- Rehearse and name the pants rules.

Children in Year 3 and Year 4 will be able to:

- Explain the PANTS rules and that children's bodies belong to them.
- Identify appropriate and inappropriate touch.
- Recognise that no means no and different ways to express this.
- Demonstrate ways to tell an adult and seek support if feeling uncomfortable.

Children in Year 5 and Year 6 will be able to:

- Recognise that other people's bodies belong to them and should be respected.
- Describe how to challenge language and behaviours that are unacceptable.
- Identify when it is right to break confidence and share a secret.
- Explain how to get help for themselves or a friend.



*'Growing Together in Newtown'
Lifelong Aspirations, Lifelong Prospects*



A safe learning space to explore essential topics such as personal development, wellbeing, relationships and challenges in everyday life.

This half term, using our Jigsaw Scheme, the pupils have been exploring the theme of 'Being me in my world'. In a sequence of 6 lessons, pupils are supported to reflect on their personal development through ideas such as Who am I? friendship, how they fit in, emotions, aspirations and why following class rules is important to help pupils achieve their ambitions and dreams.

To complete this sequence of learning, pupils will be having a PHSE afternoon on Friday (25th October) when their class teachers will be delivering the NSPCC PANTS program. This programme has been developed by the NSPCC in partnership with children, parents, carers and teachers. Talk PANTS helps pupils understand that their body belongs to them, and they should tell a safe adult they trust if anything makes them feel upset or worried.

Talk PANTS is here to help children understand they have a right to say no and if they speak out about something, someone will listen.

